

Multiple Sclerosis Exposition

An integrative approach to managing MS

SATURDAY, APRIL 7th
9:00am – 2:30pm
Free Admission, Lunch, Parking

UCR Palm Desert Center
75080 Frank Sinatra Drive
Palm Desert, CA 92211

REGISTRATION REQUIRED at www.healthcarejourney.com/expo



Keynote Speakers

Revere (Rip) Kinkel, MD, FAAN, FANA

UCSD Clinical Neurosciences Director, Professor of Neurosciences, Multiple Sclerosis Center Director

“What you should know about MS to achieve your desired outcomes”

Carolyn Schwartz, Sc.D.

President and Chief Scientist, DeltaQuest Foundation and Adjunct Research Professor of Medicine and Orthopaedic Surgery, Tufts University Medical School

“Building resiliency to reduce symptoms and disability: What can you do to help yourself?”

Additional Expo Activities

- Maintaining mobility
- Mindfulness and Yoga for well being
- Implementing a healthy anti-inflammatory diet



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ACT
FOR MULTIPLE SCLEROSIS

MS
National
Multiple Sclerosis
Society

If you don't have access to a computer for registration, please call **(617) 771-1994**

Funded through unrestricted grants by: Genzyme, Novartis, Biogen